

THE POWER OF
Writing

Spring Therapeutic Writing Group

at

Golden Willow Counseling

Wednesdays starting March 27th 6:00 to 7:30

Facilitated by Golden Willow Counselors (Mark Speight, Counselor Intern, and Lindsey Schrieber, LMHC)

*Are you in a **life transition**? Would you like to explore your own inner landscape and receive the gift of reflection? Are you **open to transformation** through your **own words** and the words of others? This group may be for you!*

Please join us for five weeks of therapeutic writing that is based on a simple yet powerful reflective writing process. Each of us will write and share our pieces during the session. *This is not a writing critique group*, but a way to process with writing in the here and now, but who knows you may create something you would like to build upon.

Please join us in this creative and confidential space. Drop-ins welcome. \$10 donation suggested but not required. We look forward to meeting and co-creating this special group with you!

For information, please call Golden Willow Counseling Center at 575-770-9513 or email Mark at markcspeight@gmail.com

Location:

Golden Willow Counseling Center

525A Salazar Rd

Taos, NM 87571